



**Common Threads News**



The June meeting was held at the Pavilion. Thanks to everyone who brought refreshments. The next meeting will be the Common Threads 12<sup>th</sup> Birthday Bash on July 19<sup>th</sup> at 7 p.m. at Roma’s Cucina Italiana Restaurant at 20669 W. Lake Houston Pkwy., next to Keller Williams Realty. All ladies are invited to attend and paid members will receive their dinner complimentary from the Common Threads Ladies Club. Nominations for new officers will be made at this meeting.

**Calendar of Events**

- July 19<sup>th</sup> Water Aerobics
- July 19<sup>th</sup> Common Threads’ 12<sup>th</sup> Birthday Bash
- August 14<sup>th</sup> Commons Back to School Pool Party

**Join Us for Water Aerobics**

Water aerobics classes will resume on July 19<sup>th</sup> at the Commons of Lake Houston pool! Classes are held Mon., nights from 7-8 p.m. Classes are open to everyone. You don’t need to be a Commons resident to participate. Bring your family and friends and join us at the pool.

This 60 minute class includes a warm up, cardiovascular training and a cool down. The exercises focus on strengthening and toning specific muscle groups such as arms & abdominals. Water shoes or aqua socks are recommended but not required. Water aerobics is the ideal exercise for nearly everyone. The workout is adjustable for each person’s individual abilities, restrictions and fitness level. Beginners and advanced athletes can get a great workout. You don’t need to know how to swim to participate.

The benefits of water aerobics include the following: Burn calories, strengthen & tone muscles, increase flexibility & range of motion, improve circulation & blood flow, less stress on joints, bones & muscles, decreased chance of injury, stay cool in the summer heat, have fun & meet new friends.

Call Texas Aquatics & Pool Svcs. 281-852-5630 to register or register at class. \$12 for July (2 classes & \$35 for August (5 classes, or pay \$10 per individual class. See you at the pool!!



The Common Threads is hosting a “Back to School” Pool Party on August 14<sup>th</sup> from 11:00-3:00. Everyone is welcome to come and enjoy the party. The concession stand will be open and serving brisket sandwiches, nachos, Frito pie, hot dogs, drinks, and ice pops. We’ll have a water slide for the kiddos.

If you would like to help advertise, please make a Pool Party sign for your yard. Make it a family affair... design it, decorate it, use your imagination, and make extras for the entrances and intersections in the neighborhood. Your help is greatly appreciated!

**Happy Birthday**

The Commons Threads Ladies Club is celebrating 12 years this month. All ladies in The Commons are invited to come out every month. We meet the third Monday each month at 7pm. Our purpose is to provide a social outlet for our members and to organize social functions for the neighborhood. July is a great time to join because it’s our Birthday Bash and the start of our new year. So, come celebrate with us on July 19<sup>th</sup> at 7pm, at Roma’s Cucina Italiana Restaurant at 20669 W. Lake Houston Pkwy., next to Keller Williams Realty. If you would like to attend, contact Pam Wishum at [pwishum@embarqmail.com](mailto:pwishum@embarqmail.com). Hope to see you there!

## ADDITIONAL INFORMATION REGARDING THE COMMONS OF LAKE HOUSTON CAN BE FOUND

- The Property Owners Association website at [www.commonspoa.com](http://www.commonspoa.com)
- The Common Threads Facebook page is used to post missing pets, etc.

## CLASSIFIED ADS



### WATER AEROBICS:

Join us for water aerobics on Mon nights 7-8 at the pool. Join for a great time as we exercise, make friends & have fun!! For more info call Texas Aquatics & Pool Svcs. 281-852-5630

Lawn Mowing: Contact Trevor 713-447-0814

FOR SALE: Kenmore Ergo embroidery & sewing machine - \$750, quilting machine \$1500. Call for more info: Cornelia - 281-360-7153

2007 Suzuki Burgman 650, 2,584 mi., \$4,750., Call Dan – 281-324-3102.

Need a mural design/painting, freehand drawing, oil painting, wall murals, etc. Contact Cindy Humphries 713-304-7871 for an estimate.

Like new baby girls baby clothes, size 3 mo-12 mo., all very nice-\$2.00 and up, bouncy seat, boppy pillow, like new. Call Pam-281-852-1345.

White iron day Bed, trundle frame & twin mattresses-\$300. Women's clothes-Size 3X, most are brand new with tags on them, dresses, pantsuits, prices ranging from \$25- up.

Please contact Pam Wishum at [pwishum@embarqmail.com](mailto:pwishum@embarqmail.com) to place an ad. All residents or property owners of the Commons can place a classified ad at no charge. They run for 3 months unless we are contacted to cancel it or extend it. No commercial ads will be published. If you have a business, you can put an ad in our directory. Publication of any ad within the newsletter does not in any way constitute an endorsement by "Common Threads."

## COMMON THREADS OFFICERS

<b>Lisa Alexander, President</b>	<b>281-441-7778</b>
<b>Colleen Buras, Vice President</b>	<b>281-361-5510</b>
<b>Pam Wishum, Secretary</b>	<b>281-852-1345</b>
<b>Janice Hardy, Treasurer</b>	<b>281-913-4648</b>